

If you're having
trouble finding
or keeping love,
try this sorceress'
bewitching secrets...

BY LEXA ROSEAN

love spells X SEXY hexes



AS A HIGH PRIESTESS AND WITCH since 1982, I have given spells to people from all walks of life who have come to me with troubles in love. Spells *do* work because they trigger subconscious energy locked within your own brain. You are one magical component. The second component is the energy in the ingredients themselves. Spells unlock your own subconscious power and blend it with the power of nature. Because many traditional spells contain items that are difficult to obtain, I have designed the following spells to work with items you can obtain in your local supermarket.

spicey sex hex

Cinnamon

Vanilla beans

Chocolate-covered espresso beans

Certain spices, when held under the tongue, can promote lustfulness. And they can produce

lust in someone you kiss as you hold these spices under your tongue. Use cinnamon to speed up the events leading to a sexual encounter; vanilla beans or vanilla extract to increase the sexual appetite; and chocolate-covered espresso beans to increase stamina for lovemaking.

"melt his heart" magic

Creamsicle

Orange and vanilla can stimulate the sexual appetite and send messages of love to someone far away. You can eat a creamsicle to send thoughts of love to a distant someone. Or you can take a creamsicle and write the name of someone you miss on the wooden stick, then let it sit out in a bowl, as it melts. As the creamsicle melts, this person will melt as well with thoughts of you. This spell works for those distant in miles as well as in emotion.

dream date spell

Dates *Maple syrup or*
Powdered sugar *honey*
 Tinfoil

Dates are sweet and sticky and therefore attract love. So this spell is used to remove obstacles that may be keeping you from getting a date—for instance, if your dates stand you up, cancel at the last minute, or you're never getting asked out at all.

Place a date in the middle of a table. With a small pen knife carve your name or initials into it. Sprinkle a circle of powdered sugar around the date. With your finger, write the obstacles into the powdered sugar (e.g. Peter keeps canceling; low-life jerks keep asking me out; or no one will go out with me). Then take a deep breath and blow the powder away.

Using maple syrup or honey, spell out one to three qualities or people or situations you would like to draw into your romantic life on a piece of tinfoil. Pick up your date and roll it around in the maple syrup or honey until you have smothered all the words (and essentially gathered them up into the date). Then, as you're eating the date, and rolling it across your tongue, visualize all your dating dreams coming true!

“call me” recipe

Black pepper and sage *Tinfoil*
Lemon juice *Fennel seeds*
Pine oil *Oregano*
Rosebud *Dill and*
Cotton ball *caraway seeds*

If your last communication with your lover was an argument, use this phone spell, combining love healing with communication, to make him call you. Black pepper and sage can be used to dispel anger. Lemon, pine, and rose are used for healing the mind, body and heart.

Hold a piece of cotton in your lap and shape it into the initial of the person you want to call. Lay the cotton on a piece of tinfoil. Sprinkle a quarter teaspoon each of black pepper and sage on the cotton. Squeeze three drops of lemon juice, and three drops of pine oil onto the cotton. Crush one dried rosebud over it. Sprinkle a circle of equal amounts of fennel, oregano, dill, and caraway seeds around the cotton. Carefully fold the tinfoil, which adds an extra dose of attraction to your Mercurial herbs, into a square. Place the foil pouch underneath or next to the phone.

“big O” fig combo

Figs
Pralines (or pecans or almonds and sugar)
Apricot
Carob (or chocolate) powder

These are foods of self-love, self-confidence, trust, sexual stimulants, and communication. Figs, which represent the vagina, are very sexual and can promote self-love in women. The praline, made by browning pecans or almonds in boiling sugar, was named after the Frenchman, Praslin, whose chef invented it. La praline is also French slang for the clitoris. Using figs and pralines together in a spell will promote orgasm and apricots and carob powder promote trust between partners. You may substitute chocolate because it's also an aphrodisiac, but carob has the added attributes of creating relaxation and communication.

Eating these foods requires digestion. It's best not to guzzle them down your throat 10 minutes before you have sex and expect them to work. You must ingest these foods a day or two before making love.

soul mate milk

Raisins *Milk*
Almonds *Honey*

This spell is used to bring about a relationship with a soul mate—someone with whom you feel a divine connection. Raisins and almonds are said to make someone hear and recognize the call of home. Milk and honey are mixed to find happiness and bring fulfillment in love.

If you want to attract a soul mate, eat raisins and almonds with a glass of warm milk, stirring in a teaspoon of honey. If you want to know if someone specific is your soul mate, drink the milk mixture before retiring, place three almonds under your pillow and your dreams will reveal the answer.

cheating mate mix

Cumin *Orange pekoe tea*
Coriander

This recipe comes from New Orleans. Sprinkle this mixture in the shoes of your partner or underneath your shared bed. If you do this, he will be unable to derive any pleasure while cheating on you. *Warning:* If your partner is *not* being unfaithful, this spell may backfire and cool off his desire toward you. Do not use it unless you are *sure* he is cheating.♥